

# Supplemental YOYO Resource Manual



Kentucky  
Post School  
Outcomes

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# Aging & Independent Living

Services offered (not all services are available in every county):

- Adult day & health care
- Advocacy
- Alzheimer's respite
- Assessment
- Case management
- Help with chores
- Counseling
- Education
- Escort
- Friendly visiting
- Health promotion
- Home management
- Home repair
- Information & referral
- Legal assistance
- Meals (congregate & home delivery)
- Nursing home (long-term care ombudsman)
- Out-of-home respite
- Outreach
- Personal care
- Recreation
- Respite
- Telephone reassurance
- Title V Senior Community Service Employment Program
- Transportation

## [Barren River Area Development District Development District](#)

Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, Warren

## [Big Sandy Area Development District](#)

Floyd, Johnson, Magoffin, Martin, Pike

## [Bluegrass Area Agency on Aging and Independent Living](#)

Anderson, Boyle, Bourbon, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, Woodford

## [Buffalo Trace Area Development District](#)

Bracken, Fleming, Lewis, Mason, Robertson

## [Cumberland Valley Area Development District](#)

Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, Whitley

## [FIVCO Area Development District](#)

Boyd, Carter, Greenup, Elliott, Lawrence

## [Gateway Area Development District](#)

Bath, Menifee, Montgomery, Morgan, Rowan

## [Green River Area Development District](#)

Daviess, Hancock, Henderson, McLean, Ohio, Union, Webster

[KIPDA Kentuckiana Regional Planning & Development Agency](#)

Bullitt, Henry, Jefferson, Oldham, Shelby, Spencer, Trimble

[Kentucky River Area Development District](#)

Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, Wolfe

[Lake Cumberland Area Development District](#)

Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, Wayne

[Lincoln Trail Area Development District](#)

Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, Washington

[Northern Kentucky Area Development District](#)

Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, Pendleton

[Pennyrile Area Development District](#)

Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd, Trigg

[Purchase Area Development District](#)

Ballard, Calloway, Carlisle, Fulton, Hickman, Graves, Marshall, McCracken

## Education

[Kentucky Supported Higher Education Partnership \(KSHEP\)](#)

A network of Institutions of Higher Education (IHEs) across the state offering inclusive higher education programs for students with intellectual and developmental disabilities, such as Comprehensive Transition and Postsecondary (CTP) programs.

[Kentucky Community & Technical College System \(KCTCS\): Disability Services](#)

List of disability Resource Coordinators/Service Providers at each college within KCTCS.

[College Navigator – National Center for Education Statistics](#)

The IPEDS College Navigator is a research tool that allows access to information about more than 9,000 vocational/technical schools, colleges, and universities in the U.S.

[Kentucky Higher Education Assistance Authority \(KHEAA\)](#)

Established in 1966 to improve student access to higher education.

[National Deaf Center on Postsecondary Outcomes \(NDC\)](#)

A guide to vocational rehabilitation for deaf youth.

### [Think College](#)

A national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual disabilities.

### [Kentucky Adult Education \(KYAE\)](#)

Kentucky Adult Education provides free adult education services in all 120 counties to help Kentuckians obtain a GED.

### [Vocational School Database](#)

The Vocational School Database contains information on private postsecondary vocational-technical schools in all 50 states.

### [Kentucky Deaf-Blind Project](#)

The Kentucky Deaf-Blind Project provides free statewide technical assistance and training to persons up to 22 years of age with vision and hearing challenges.

### [Kentucky Students' Right to Know](#)

This dashboard, which is powered by the Kentucky Center for Statistics, links college majors to the most in-demand jobs in the state, along with typical education requirements, wages, and institutions offering these majors.

## Employment

### [Kentucky Supported Employment Training Project](#)

Designed to promote personalized employment opportunities for people with disabilities when they need support to discover personal interests and contributions, find or negotiate a job that fits things they like to do and do well, become established as valued employees, and pursue job advancements.

### [Kentucky Office of Vocational Rehabilitation](#)

The Kentucky Office of Vocational Rehabilitation assists Kentuckians with disabilities in achieving suitable employment and independence.

### [O\\*NET Online](#)

A tool for career exploration and job analysis.

### [Job Accommodation Network \(JAN\)](#)

The Job Accommodation Network is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.

### [Carl D. Perkins Vocational Training Center](#)

The mission of the Carl D. Perkins Vocational Training Center is that persons will achieve sustainable competitive integrated employment, maximize independence, and yet gain self-respect through the provision of comprehensive services.

## Health & Wellness

### [Kentucky Cabinet for Health and Family Services/Department of Behavioral Health, Developmental and Intellectual Disabilities](#)

A list of in-patient facilities that provide psychiatric, rehabilitative, and nursing care services to their clients.

### [Supports for Community Living Waiver Branch](#)

A home and community-based program funded by the Kentucky Department for Medicaid Services and administered by the Division of Developmental and Intellectual Disabilities.

### [The Arc of Kentucky – Health & Fitness for All](#)

Arc of Kentucky A 12-week health education curriculum for people with disabilities.

### [Kentucky Inclusive Health Collaborative](#)

The mission of the Kentucky Inclusive Health Collaborative is to ignite positive change to address the significant health disparities for individuals with disabilities across the lifespan.

### [Special Olympics Kentucky Healthy Athletes Initiative](#)

The mission of the Special Olympics of Kentucky Healthy Athletes Initiative is to improve the athlete's ability to train and compete through better health and fitness.

## Recreation

### [The Human Development Institute Recreation Resource Guide](#)

This guide contains program descriptions and contact information.

## Residence/Housing

### [ILRU Directory of Centers for Independent Living \(CILs\) and Associations](#)

Directory of CILs and Associations.

### [Center for Accessible Living \(CAL\)](#)

An independent living center (ILC) serving the Louisville, Bowling Green and Murray, Kentucky areas.

### [Independence Alliance](#)

The Center for Independent Living Options provides services for people with permanent disabilities in Greater Cincinnati and Northern Kentucky.

### [Day Spring](#)

Day Spring provides residential options in Louisville, KY, that include small group homes, staffed residences, apartment buildings, in-home services, and family home providers.

### [Cedar Lake](#)

Cedar Lake provides residential options to people with disabilities in and near Louisville, KY.

### [Community Mental Health Centers – Ky Cabinet for Health & Family Services](#)

Housing options for individuals with serious mental illness.

### [Homeless & Housing Coalition of Kentucky \(HHCK\)](#)

A statewide coalition of partners and advocates working to end homelessness and create opportunities for low-income Kentuckians to live in affordable homes.

## **HDI's Disability Resource Manual**

### [Human Development Institute \(HDI\) Disability Resource Manual](#)

Helping English-speaking and Spanish-speaking families navigate the sometimes-complex array of services available to people with disabilities.

## **Transportation**

### [Kentucky Driver Services](#)

Services provided by the Kentucky Transportation Cabinet, such as driver's license and vehicle registration renewal.

### [Transportation Initiative](#)

Seeks to provide comprehensive information and education on transportation options.

### [Kentucky Public Transportation Providers](#)

List of public transportation providers by county.

### [Bluegrass Community & Technical College \(BCTC\) Class Pass](#)

Free of charge, first come, first serve bus pass for BCTC Lexington campus students.

### [Kentucky Paratransit Services](#)

Kentucky Paratransit provides transportation services on the University of Kentucky's campus for students and employees with temporary and permanent mobility impairments.

### [Central Kentucky Community Action Transportation Services \(CKCATS\)](#)

Safe and reliable public transportation services available in Breckinridge, Grayson, Larue, Marion, and Nelson counties, and limited services offered in Washington and Hart counties.

## Voting

### [Commonwealth of Kentucky State Board of Elections](#)

Information on voting in Kentucky, including how to register and information on voter rights

## Supported Decision-Making & Self-Advocacy

### [My Choice Kentucky](#)

Can help you find information on Supported Decision-Making and connect you with people and organizations that may be able to help you and answer your questions.

### [Kentucky Protection and Advocacy](#)

Mission is to protect and promote the rights of Kentuckians with disabilities through legally based individual and systemic advocacy, and education.

## Financial

### [Disability Benefits 101](#)

Provides tools and information on employment, health coverage, and benefits. Plan ahead and learn how work and benefits go together.

### [Social Security Administration](#)

Provides financial protection and supports Americans throughout all of life's journeys.

### [Traumatic Brain Injury Trust Fund](#)

Established to provide flexible funding and support to those with brain injuries.

### [STABLE Kentucky](#)

An investment account available to eligible individuals living with disabilities.

### [National Disability Institute \(NDI\)](#)

Free financial wellness tools that can be used to help individuals, families, financial institutions, and community partners improve the financial future of people with disabilities.

### [Life Plan of Kentucky](#)

Life Plan of Kentucky, Inc. can serve as Trustee for both First Party (the person with a disability's money) and Third Party (a family member or other person's money) Special Needs Trust accounts.

## **Additional Resources**

### [KY-SPIN](#)

Links families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.